



Learning Center
www.nfhslearn.com

Positive Sport Parenting: Parent Self-Assessment Results

Score 40-50 - Model Parent

Great job! You are a model parent. You are parenting your child in sports very effectively. It is still important to talk to your child to make sure you are aware of any negative actions.

Score 30-39 - Positive Parent

You are very effective in parenting your child in school sport. Set a goal to improve on the questions you answered 3 or below on. Talk to your child to make sure you are aware of any negative actions.

Score 20-29 - Sometimes Positive Parent

At times you are effectively parenting your child in his or her sport, but there are some behaviors that may be negatively influencing your child's sport experience. Set a goal to improve on questions you answered below a 3. Talk to your child to learn more about where and when your actions might be negative or counterproductive.

Score 11-19 - Some Work to be Done

Unfortunately, there is a good chance that you are negatively influencing your child's sport experience. Set a goal to improve on questions you answered below a 3. Talk to your child to learn more about where and when your actions might be negative or counterproductive. The course, Positive Sport Parenting, may help you think about how you can improve on these behaviors.

Score 10 - Time for a Change

Unfortunately, you are negatively influencing your child's sport experience. Try not to make excuses for lower scores, but think about what you could change to improve and still be yourself. Talk to your child to learn more about where and when your actions might be negative or counterproductive. It is important that you think about your child's goals and why he or she plays sports. Continue this course and think about how you can improve on these behaviors.