THE NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- 51 State Associations
- 20,000 High Schools
- 500,000 Coaches and Sponsors
- 11,000,000 Student Participants
- 500,000 Officials and Judges
- 9 Canadian Associations
- 25 Other Affiliate Members

MISSION STATEMENT

The National Federation of State High School Associations (NFHS) serves its members by providing leadership for the administration of education-based high school athletics and activities through the writing of playing rules that emphasize health and safety, educational programs that develop leaders, and administrative support to increase participation opportunities and promote sportsmanship.

The National Federation of State High School Associations is pleased to offer the publications and other products available in this year’s catalog.

NFHS playing rules, available in 17 sports, govern virtually all high school athletic competition in the United States. This catalog explains how to obtain NFHS publications and other products that are available to school groups, community organizations and the general public.

The NFHS membership and headquarters staff firmly believe that interscholastic activities programs are essential to the school curricula. Interscholastic activities are laboratory courses in human relations as well as physical and emotional development. They are, in essence "An Integral Part of Education."

Prices effective April 1, 2017 – March 31, 2018

Order Department Open
Monday-Friday  8:00 a.m. – 4:30 p.m. Eastern Time

Order Department Phone.................Order Department Fax
1-800-776-3462 .....................................................317.899.7496

Order Department Address
PO Box 361246, Indianapolis, IN 46236-5324
Order publications online at www.nfhs.com
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**Prices effective April 1, 2017 – March 31, 2018**

The NFHS Publications and Products Catalog contains product numbers of all publications. The product number is located on the price line of all products.

*Photo Credits: Cover – South Dakota Public Broadcasting.*
RULES
Publications

RULES BOOKS published by the National Federation of State High School Associations contain the official rules for high school sports. These books are designed to explain all aspects of the game. They are used by coaches, officials, players and many fans who wish to know more about the rules of the game.

CASE BOOKS are published separately in baseball, basketball, football, softball, and track and field and are a supplement to the rules books. These books contain actual play situations.

OFFICIALS MANUALS have been developed in baseball, basketball, football, softball, and track and field. These manuals are directed specifically to those who wish to enter the field of officiating or to those who wish to improve their competence.

CASE BOOKS AND MANUALS are published as a combination book of the case book and officials manual. They are printed for the sports of volleyball and wrestling.

SPORTS HANDBOOKS in basketball and football have been developed for use by players, coaches, officials and others interested in the game. They include brief histories of the games, procedures followed in developing the rules and an emphasis on the philosophy of the rules committees. The football handbook also includes the rules for flag football and touch football.

RULES SIMPLIFIED AND ILLUSTRATED for baseball, basketball, football and softball are published annually. These books make use of diagrams to clearly explain situations that might otherwise be difficult to comprehend.

RULES BY TOPIC are now available in baseball, basketball, football and softball. These books look at the toughest rules and organize the rules by category, providing officials, umpires and others with support information to better understand — and apply — the rules.

SPORTS PUBLICATIONS AVAILABILITY DATES

The various sports books are printed throughout the year and the approximate availability dates for the rules book in each sport for the 2017-18 publications are listed below.

- Baseball.......................................................September
- Basketball .....................................................July
- Field Hockey .................................................May
- Football .......................................................June
- Girls Gymnastics ..............................................May
- Ice Hockey ....................................................August
- Boys Lacrosse .............................................November
- Girls Lacrosse .............................................November
- Soccer .......................................................May
- Spirit ..........................................................June
- Softball .....................................................October
- Swimming/Diving .........................................July
- Track and Field & Cross Country ..................October
- Volleyball ...................................................April
- Water Polo ...................................................July
- Wrestling .....................................................July
LINEUP SHEETS are printed on 3-part NCR and sold in sets of 100. They are 3½” x 10” in size and have room for 10 starters and their substitutes, as well as spots for seven additional roster players. The last sheet of the 3-part NCR is made of a stiff material that allows one to easily write on the lineup.
<table>
<thead>
<tr>
<th>Product Description</th>
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<th>Price</th>
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<td>RULES BOOK 2017-18</td>
<td>BKR18</td>
<td>$10.00</td>
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<td>CASE BOOK 2017-18</td>
<td>BKCB18</td>
<td>$10.00</td>
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<tr>
<td>HANDBOOK 2016-18</td>
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<td>RULES BY TOPIC 2017-18</td>
<td>BKRT18</td>
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<td>SIMPLIFIED AND ILLUSTRATED 2017-18</td>
<td>BKSI18</td>
<td>$10.00</td>
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<tr>
<td>SCOREBOOK</td>
<td>BKS</td>
<td>$12.00</td>
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<tr>
<td>RULES POWERPOINT 2017-18</td>
<td>PBK18</td>
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<tr>
<td>3-OFFICIALS MECHANICS POWERPOINT 2017-19</td>
<td>PBKOM19</td>
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FIELD HOCKEY

RULES BOOK 2017 ...........................................(FHRB17) $10.00
SCOREBOOK ...................................................(FHS) $12.00
POWERPOINT 2017 .........................................(PFH17) $49.95
(See page 16)
FOOTBALL

RULES BOOK 2017 ...........................................(FBRB17) $10.00
CASE BOOK 2017 ...........................................(FBCB17) $10.00
GAME OFFICIALS MANUAL 2016 AND 2017 ....(FBOM17) $10.00
HANDBOOK 2017 AND 2018 ............................(FBHB18) $10.00
RULES BY TOPIC 2017 ....................................(FBRT17) $10.00
SIMPLIFIED AND ILLUSTRATED 2017 ..........(FBSI17) $10.00
POWERPOINT 2017 ...........................................(PFB17) $49.95

(See page 16)
### GIRLS GYMNASTICS

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<td>COMPETITORS NUMBERS</td>
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<tr>
<td>POWERPOINT 2017-18</td>
<td>$49.95</td>
<td>(PGG18)</td>
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### ICE HOCKEY

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<td>(IHRB18)</td>
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<td>(PIH18)</td>
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BOYS LACROSSE

RULES BOOK 2018 .............................................(BLARB18)   $10.00
POWERPOINT 2018 ..............................................(PBLA18)   $49.95
(See page 16)

GIRLS LACROSSE

RULES BOOK 2018 .............................................(GLARB18)   $10.00
SOCCER

RULES BOOK 2017-18 ..............................................(SORB18) $10.00
SCOREBOOK .................................................................(SOS) $12.00
POWERPOINT 2017-18 .........................................(PSO18) $49.95
(See page 16)

SOCCER DVD

SOCCER RULES CHANGES is produced jointly by the National Federation of State High School Associations (NFHS) and the National Intercollegiate Soccer Officials Association (NISOA). This DVD covers the rules changes in soccer for the 2017-18 season along with Points of Emphasis. Soccer Rules Changes is great for educating coaches, players and parents of the current changes in the rules book. This DVD will be updated annually.

(D-SOR18) $24.95
SOFTBALL

RULES BOOK 2018 (Slow & Fast Pitch)..............(SFRB18) $10.00
CASE BOOK 2018 ..................................................(SFCB18) $10.00
UMPIRES MANUAL 2018 AND 2019 .............(SFUM19) $10.00
RULES BY TOPIC 2018.................................(SFRT18) $10.00
SIMPLIFIED AND ILLUSTRATED 2018 ..........(SFSI18) $10.00
SCOREBOOK...................................................(BASF5) $12.00
LINEUP SHEETS (See Baseball) .......................(BLS5) $10.00
POWERPOINT 2018..........................(PSF18) $49.95
(See page 16)
SPIRIT

RULES BOOK 2017-18 ..........................(SPRB18) $10.00
POWERPOINT 2017-18 ..........................(PSP18) $49.95
(See page 16)

SWIMMING & DIVING

RULES BOOK 2017-18 ..............................(SWRB18) $10.00
SCOREBOOK ............................................(SWS) $12.00
DIVING SCORESHEETS (cost per pad) ..........(SWSH) $8.00
POWERPOINT 2017-18 ............................(PSW18) $49.95
(See page 16)

The diving scoresheets are 8½” x 11” and sold in pads of 100. There is room for 11 dives per sheet as well as seven judges. A one-meter diving table also is included.
<table>
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<tr>
<th>Product</th>
<th>Code</th>
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<td>RULES BOOK 2018 (includes Cross Country)</td>
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<tr>
<td>CASE BOOK 2018</td>
<td>TFCB18</td>
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</tr>
<tr>
<td>OFFICIALS MANUAL 2017 AND 2018</td>
<td>TFOM18</td>
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<td>TRACK SCOREBOOK</td>
<td>TFS</td>
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<tr>
<td>CROSS COUNTRY SCOREBOOK</td>
<td>CCS</td>
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<td>COMPETITORS NUMBERS (See page 16)</td>
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<tr>
<td>POWERPOINT 2018</td>
<td>PTF18</td>
<td>$49.95</td>
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</table>

(See page 16)
### Volleyball Rules Book 2017-18

- **Rules Book 2017-18**
  - **Description:**
  - **Price:** $10.00

### Case Book & Officials Manual 2017-18

- **Case Book & Officials Manual 2017-18**
  - **Description:**
  - **Price:** $10.00

### Scorebook

- **Scorebook**
  - **Description:**
  - **Price:** $12.00

### Team Roster and Lineup Sheets

- **Team Roster and Lineup Sheets**
  - **Description:**
  - **Price:** $8.00

### Libero Tracking Sheet

- **Libero Tracking Sheet**
  - **Description:**
  - **Price:** $8.00

### Powerpoint 2017-18

- **Powerpoint 2017-18**
  - **Description:**
  - **Price:** $49.95

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- The libero tracking sheet is 8½” x 11” and is sold in pads of 50 for $7.25.

- The combined team roster and lineup sheets are sold in pads as supplements to the volleyball scorebook. They are 8½” x 11” and sold in pads of 100. The roster has room for 15 names and there is room for lineups for five games.
WATER POLO

RULES BOOK 2017-18 ........................................(WPRB18) $10.00

WRESTLING

RULES BOOK 2017-18 ........................................(WRRB18) $10.00
CASE BOOK & MANUAL 2017-18 ....................(WRCB18) $10.00
SCOREBOOK ...................................................(WRS) $12.00
TOURNAMENT MATCH CARD (cost per set) ...........(WTMC) $7.25
POWERPOINT 2017-18 .........................................(PWR18) $49.95

(See page 16)

Wrestling tournament match cards are 5½” x 8½”, printed in red and green, and sold in sets of 100. There is space for the regular match and overtime. A scoring reference is also on the card.
The NFHS scorebooks are specifically designed for high school use. They are comprehensive in scope, but simple to use. They feature easy-to-follow scoring instructions and are designed to be practical and functional. Each scorebook contains enough sheets for a typical regular-season schedule of games or meets and a full roster of competitors. After each game, insert the important statistics in the colored SEASON LOG section included in the back of each scorebook. This will provide a visual barometer of team and individual performances. Each scorebook has a hard-back cover with a spiral binding to take the wear and tear of a long season.

Baseball/Softball (BASFS), Basketball (BKS), Cross Country (CCS), Field Hockey (FHS), Soccer (SOS), Swimming (SWS), Track & Field (TFS), Volleyball (VBS), Wrestling (WRS).

$12.00
RULES POWERPOINTS Each year, PowerPoint presentations are prepared to cover various aspects of rules for sports in which the NFHS writes rules. The PowerPoint covers the current year’s rules revisions, editorial changes, rules reminders and points of emphasis that will be incorporated into the next publication for the sport. The PowerPoints should be ordered online at www.nfhs.com and will be delivered electronically.

PowerPoints are available in Baseball (PBA18), Basketball (PBK18), Basketball 3-Officials Mechanics (PBKOM19), Field Hockey (PFH17), Football (PFB17), Girls Gymnastics (PGG18), Ice Hockey (PIH18), Boys Lacrosse (PBLA18), Soccer (PSO18), Softball (PSF18), Spirit (PSP18), Swimming & Diving (PSW18), Track & Field (PTF18), Volleyball (PVB18) and Wrestling (PWR18)

$49.95

FLIPPING COINS The silver colored metal flipping coins are available for use in football, field hockey, soccer, volleyball and wrestling.

(COIN) $6.00

COMPETITORS Numbers

TRACK & GYMNASTICS Competitors numbers are available from the NFHS. They are made from TYVEK, a nontearable, lightweight, waterproof paper. Numbers are in bold black with a white background. Number size – 4¼” in height on a background which is 6⅛” x 8⅛”. Numbers are available from 1 to 1000 and are sold in sets of 100 only (Example 1-100, 101-200, etc.).

Cost Per Set (WN) $15.00
MISCELLANEOUS

Publications and Items

NFHS HANDBOOK This handbook contains the constitution, history, policy, programs, statistics, committees, awards, athletics participation survey and a directory of the NFHS committees and members. (2017-18 edition available September 5)

(NHB18) $12.00

STATISTICS' MANUAL This publication is designed to assist individuals assigned to keep statistics in the sports of football, basketball, baseball/softball and volleyball. This is a must for the high school statistician.

(SM) $8.00

COURT AND FIELD DIAGRAM GUIDE This guide (13th edition published in 2016) is a comprehensive publication containing current diagrams, descriptions and dimensions of playing fields and courts used in 50 sports. It also contains ball specifications, metric-to-English distance conversions, directory of national sports governing bodies and how to set up different types of tournament drawings. A must for athletic directors, coaches, building and grounds supervisors, architects, and others involved with sports administration. (2016 Guide is pictured.)

(CFDG17) $25.00
**LET'S MAKE IT OFFICIAL** This book is for everyone who is or would like to be an official. It gives an overview of officiating, pointing out the commitment and responsibilities as well as the rewards and satisfactions. A must for all officials.

(LETS) $5.00

**NFHS PIN** The NFHS logo pin is ½" in height and ½" in width. It is a gold plated pin with NFHS in red and blue. It has a butterfly clutch. Cost per pin.

(NPIN) $5.00

**PROFESSIONAL ASSOCIATION PINS** Pins also are available for five NFHS professional associations. [Coaches (NCPIN), Officials (NOPIN), Music (NMPIN), Speech/Debate/Theatre (NDPIN)]

<table>
<thead>
<tr>
<th>Coaches</th>
<th>Officials</th>
<th>Music</th>
<th>Speech</th>
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<tr>
<td>Cost per pin</td>
<td>$5.00</td>
<td>$5.00</td>
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</table>
Videocassettes and CDs and DVDs may only be returned if the product is defective.

**RISK MANAGEMENT DVD**

This Risk Management DVD consists of two videos that stress the importance of minimizing risk in high school sports. The first video, which is six minutes in length, is directed toward parents and students. This video discusses the importance of taking responsibility for one’s own safety by communicating with coaches and administrators. The second video, which is 15 minutes in length, is directed toward administrators and coaches. This video focuses on the 14 duties, or general areas of concern, administrators and coaches must consider when working with high school sports.

(RMPS) $34.95
PROMOTING ACTIVITY PROGRAMS

HIGH SCHOOL ACTIVITIES – A COMMUNITY INVESTMENT IN AMERICA This PowerPoint presentation documents the values and benefits of high school athletic and activity programs. The interactive CD-ROM contains a PowerPoint presentation with a voice-over narration that can be turned off to enable the presenter to read the script in person. It also includes buttons that take you immediately to the various “chapters” of the presentation, a page that lists the individual slides, and a link to both the bibliography page and the NFHS website. The script provides compelling evidence and reasoning of the value of athletic and activity programs. This remarkable multi-media presentation depicts the emotional impact high school activities have on participants, parents and communities in America. As an added bonus, the CD-ROM also contains the 9½-minute NFHS promotional video, “Opening Doors.”

(HSCOM) $39.95

HIGH SCHOOL ATHLETICS: A GAME PLAN FOR LIFE There are a number of “feel good” videos about high school athletics currently on the market, but none as emotionally charged as this one. This 4-minute production captures the essence of high school athletics with fast-paced sports action, high energy music and special graphics. It opened the 1998 National Conference of High School Directors of Athletics in Las Vegas and received an overwhelming response. If you are looking for a piece that spotlights high school athletics and its values, then this video is a must. As with other NFHS videos, it is ideal for opening athletic banquets, booster club meetings, assemblies, civic club meetings, or parent meetings. (Released 1998)

(D-GP) $29.95

HEART OF A CHAMPION VIDEO This 3-minute video features high school students participating in a variety of interscholastic sports. Accompanied by a female voiceover narration which reinforces the values of education-based athletics, the video is ideal for presentation at a number of occasions including:
- to open or close an athletic banquet celebration
- at the first coaches meeting
- at parent preseason meetings
- at school staff meetings
- to close a presentation for civic clubs/organizations
- at booster club meetings
- to demonstrate the value of the programs at a school board meeting regarding budget considerations

(Released 2016)

(V-HOC) $14.95
**EDUCATIONAL SERVICES**

**Publications and Videos/DVDs**

**LEARNING WHILE LEADING** This 28-page publication serves as a tool to better position high school students and other school activity participants to be productive members of society. This program should be used as a blueprint to instill a greater sense of ownership within their school and community. Mentoring is not a new concept, but when it is positively activated, having a positive mentor can provide real-life examples and practical advice on which to base decisions, goals and future plans. By creating and participating in a mentoring program, students will better transition from middle/junior high school to high school, be better equipped for life beyond high school, and understand what it means to be an invested citizen within their school, community, state and country. (Released 2016)

(LWL) $9.95

**PRESEASON MEETING HANDBOOK** A 24-page publication guides coaches, activities sponsors, athletic directors, principals and others through the pre-season meeting process. Contains facts and findings to support activities programs and funding efforts. Includes examples of agendas for a general information meeting and an individual sport or activity meeting. Gives an example of a student participant contract.

(PMH) $6.50

**SPORTSMANSHIP**

**SPORTSMANSHIP: IT’S UP TO YOU™ TOOLKIT** This initiative is designed to improve sportsmanship in schools and in the community. Sportsmanship is an issue that affects everyone and is everyone’s responsibility. The “Sportsmanship. It’s up to you™” campaign is based on respect and involves personal responsibility. It starts with a mindset and ends with behavioral choices. In this kit you will find the necessary information and media resources to implement a successful sportsmanship awareness and improvement program in your school. The campaign is delivered on two DVDs. The Resource DVD contains the implementation guide (pdf), overview video, motivational video to share with students and community, various posters (that you can customize with your school mascot and state association logo), live-read scripts for game/school announcements, various radio spots, Student Pledge Card (printable pdf), a logo/photo library, and campaign guidelines. The Presentation DVD is to be used when presenting to a large audience. This disc houses full-screen, full-resolution videos. The videos include the campaign overview and how to implement the program; a motivational video to share with students, parents and the community; and three broadcast PSAs.

(Released 2009) (D-SIY) $19.95
ANNUAL PUBLICATIONS AND VIDEO/DVD/CD PACKAGES

THE FORENSIC QUARTERLY, an annual publication in four issues, remains one of the most credible and valuable resources for CX policy debaters and coaches across the country. Used by beginners and experienced debaters, it provides a basis for individual research and a springboard for critical analysis of the area selected each year for high school debate.

<table>
<thead>
<tr>
<th>Issue Description</th>
<th>Author</th>
<th>ISBN</th>
<th>Price</th>
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<tr>
<td>FORENSIC QUARTERLY VOLUME 91, NUMBER 1</td>
<td>Written by Rich Edwards of Baylor University, this issue provides background on the Education Reform debate topic. It offers an extensive definition-of-terms section developed on the basis of participation in the annual Topic Selection Meeting and presents a projected case list.</td>
<td>(FQ117)</td>
<td>$7.00</td>
</tr>
<tr>
<td>FORENSIC QUARTERLY VOLUME 91, NUMBER 2</td>
<td>This issue contains an extensive, annotated bibliography on the Education Reform topic including Internet sources. Compiled by Rich Edwards of Baylor University, it provides a starting point for student research on the 2017-18 debate topic, focusing on important issues to be explored.</td>
<td>(FQ217)</td>
<td>$7.00</td>
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<tr>
<td>FORENSIC QUARTERLY VOLUME 91, NUMBER 3</td>
<td>Written by Jeff Jarman of Wichita State University, this issue provides affirmative case analysis on the Education Reform debate topic. The analysis provides a variety of perspectives for developing affirmative cases on the 2017-18 topic. (Available June 2017)</td>
<td>(FQ317)</td>
<td>$7.00</td>
</tr>
<tr>
<td>FORENSIC QUARTERLY VOLUME 91, NUMBER 4</td>
<td>Written by Rich Edwards of Baylor University, this issue discusses negative strategy on the Education Reform debate topic. The analysis provides alternative methods for developing negative positions on the 2017-18 topic. (Available June 2017)</td>
<td>(FQ417)</td>
<td>$7.00</td>
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DVD/CD PACKAGE: DEMONSTRATION LINCOLN DOUGLAS DEBATE

High school debaters present a 45-minute Lincoln Douglas Debate. This instructional debate provides an excellent example of strategy and debate techniques typically used in Lincoln Douglas Debate. Following the actual debate is a section that includes interviews with the debaters and judges for the round featuring Tim Gore and Peggy Dersch, Missouri. Accompanying the DVD is a CD which includes a flowsheet of the round and other helpful and informative materials.

<table>
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<tr>
<th>Package Description</th>
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<tr>
<td>DVD/CD PACKAGE: DEMONSTRATION LINCOLN DOUGLAS DEBATE</td>
<td>$39.95</td>
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RESOURCES for Coaches

NFHS COACH’S MANUAL FOR SPEECH AND DEBATE This resource is designed to assist speech and debate coaches or directors in dealing with the numerous responsibilities that come with the job. Developed specifically for the beginning forensics coach, it includes information on recruiting and developing a squad, coaching and practice techniques and strategies, contest descriptions and frequently asked questions. Information is also provided on funding and financial issues, travel and public relations. Also included are sections on judging, hosting a tournament and a glossary of forensic terminology. The loose-leaf notebook format makes it easy to add additional information specific to your state, forensic organizations or school policy.

(CMSD) $25.00

OTHER SPEECH AND DEBATE/MUSIC MATERIALS

The NFHS offers other speech/debate and music materials online. Visit www.nfhs.org and select “NFHS For You” for additional resources available for speech/debate/theatre directors and judges, and music directors and adjudicators.
HIGH SCHOOL TODAY

High School Today, “the national voice of education-based athletic and performing arts activities,” is the flagship NFHS publication. This slick four-color, magazine-format publication addresses national issues in high school activity programs as well as professional development articles for athletic directors, principals, superintendents and school board presidents. It is published eight times a year.

Subscription rate (1 year)

(HST) $24.95
The NFHS has developed, and continues to expand upon, a comprehensive online professional development platform for coaches, administrators, officials, parents, students and music adjudicators. The NFHS offers online courses in three different categories, which include core courses, sport-specific courses and elective courses – several of which are free. All NFHS courses can be accessed at www.nfhslearn.com.

The NFHS has its own National Coach Certification Program, which provides an ongoing professional development pathway for coaches. Go to www.nfhslearn.com to learn about becoming an Accredited Interscholastic Coach (AIC) or Certified Interscholastic Coach (CIC)!
Order on the website at www.nfhs.com
or call toll free 800-776-3462