# HST Topical Index

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Jan. 17  Success Not Defined Solely by Winning Championships
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April 17  NFHS Launches National Officials Recruitment Campaign
May 17  Opportunity to Participate Outweighs Chance for College Scholarship
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Jan. 09  Value of Athletic Trainers in the Secondary School
Feb. 11  Athletic Training Student Aides Provide Assistance to High School
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## Death of Student-Athlete

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## Disordered Eating

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## Emergency Action Plan

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## Energy Drinks

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Nov. 18  Participating in Cold Weather: Minimizing the Risk of Injuries

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Feb. 16  Addressing Mental-Health Issues in Student-Athletes
Feb. 19  Challenges of Mental-health Issues in High School Athletics
March 19  Oregon Groups Collaborate to Help Prevent Youth Suicide
Feb 20  The Mental Health Crisis in Children and Young Adults

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Jan. 08  CA-MRSA and the Athlete
Jan. 11  Proper Hygienic Principles Needed to Combat CA-MRSA, Other Skin Infections
Oct. 12  Sports Hygiene: Making a Case for Using Skin Wipes
Feb. 14  Limiting Risk Factors Key to Preventing MRSA Infections
Jan. 16  Prevention is Key to Reducing Skin Infections in High School Wrestling

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April 10  The Pre-participation Physical Exam
May 13  The Pre-participation Evaluation – First Step to Competing in Sports

**Sickle Cell**

March 10  The Sickle Cell Athlete: What Administrators, Coaches Need to Know
Oct. 18  Sickle Cell Trait – Why the Concern in High School Sports

**Smokeless Tobacco**

March 17  Smokeless Tobacco, E-cigarettes, Vaping: What is the Real Deal?
**Sports Injuries**
- Nov. 08  Task Force Develops Injury-reduction Strategies
- April 12 High School Injury Surveillance Assists NFHS in Risk Minimization
- Feb. 13 Ways to Handle Overuse Injuries During the Season
- Sept. 13 Return to Play After Injury
- Oct. 14 Return to Play After ACL Injuries
- Nov. 15 Return-to-Participation Considerations Following Sports Injury
- March 16 Return to Play: Who Makes the Decision?
- April 16 Improving Surveillance of Catastrophic Sport Injuries in High School Sports
- Feb. 18 Reducing Pitching Injuries: Count Pitches, Don’t Count on Surgery
- April 19 ACL Injury Prevention: The Importance of Neuromuscular Training
- May 19 Back Pain in High School Athletes Should be Taken Seriously

**Team Physicians**
- Sept. 11 Recruitment of Your Team Physician
- May 15 Development of the Sports Medicine Team

**Vaping**
Vaping: Misperceptions and Pitfalls for Student-Athletes

**Vitamins**
- Sept. 14 Vitamin D and Calcium: Are You Deficient?
- Nov. 14 Popular Sports Supplements come With Unpopular Risks

**Wrestling Weight Management**
- Jan. 08 The NFHS Wrestling Weight Management Program

**Childhood Obesity**
- Apr 15 Childhood Obesity Continues as Major Concern Across Country

**General**
- Oct. 16 Coaches’ Health: Keys for Sleep, Exercise and Mental Health
- Nov. 16 Summit Initiatives: Expand Participation, Minimize Injury Risk, Maximize Performance
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<tr>
<td>Jan. 17</td>
<td>Sleep: An Underrated Player in Athletic Performance</td>
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<td>Oct. 17</td>
<td>Understanding Two Categories of Appearance and Performance</td>
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<td>Enhancing Drugs, Substances</td>
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<td>March 18</td>
<td>The Opioid Epidemic and High School Sports: Why it Matters</td>
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<td>Guidelines for Developing Lightning Safety Policies</td>
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<td>Risks Associated with Sport Specialization in High School Athletes</td>
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<td>Monitoring Air Quality Crucial in Western United States</td>
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<td>Appropriate Medical Care Standards for High School Athletes</td>
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<td>Helping Coaches with Health and Safety Education</td>
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<td>April 20</td>
<td>Do You Play on a Field of Dreams or an Accident Waiting to Happen?</td>
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<td>May 20</td>
<td>Planning Ahead for Return to Sports, Other Activities</td>
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PERFORMING ARTS

Debate Topic
Jan. 08 Health Care, Alternative Energy Final Choices for 2008-09 Debate Topic
Feb. 08 Alternative Energy Chose as 2008-09 National Debate Topic
Jan. 09 Health Care, Poverty Final Choices for 2009-10 Debate Topic
Feb. 09 Poverty is Selected as 2009-10 National Debate Topic
Jan. 10 China and Military Deployment Final Choices for 2010-11 Debate Topic
Feb. 10 Military Deployment is Selected as 2010-11 Debate Topic
Sept. 10 Five Potential 2011-12 Debate Topics Chosen at Recent Meeting
Jan. 11 China, Space Final Choices for 2011-12 National Debate Topic
Feb. 11 Space is Selected as 2011-12 National High School Debate Topic
Sept. 11 Five Potential Debate Topics Selected for 2012-12
Jan. 12 Infrastructure, Immigration Final Choices for 2012-13 National Debate Topic
Feb. 12 Infrastructure is Selected as 2012-13 National Policy Debate Topic
Sept. 12 Five Potential Debate Topics Selected for 2013-14
Jan. 13 Latin America, Export Controls Final Choices for 2013-14 National Debate Topic
Feb. 13 Latin America is Selected as 2013-14 National Policy Debate Topic
Sept. 13 Five Potential Debate Topics Selected for 2014-15
Feb. 14 Oceans is Selected as 2014-15 National Policy Debate Topic
Sept. 14 Five Potential Debate Topics Selected for 2015-16
Jan. 15 Income Inequality, Surveillance Final Choices for 2015-16 National Debate Topic
Feb. 15 Surveillance is Selected as 2015-16 National Policy Debate Topic
Sept. 15 Five Potential Debate Topics Selected for 2016-17
Feb. 16 China is Selected as 2016-17 National Policy Debate Topic
Sept. 16 Five Potential Debate Topics Selected for 2017-18
Feb. 17 Education Reform is Selected as 2017-18 Policy Debate Topic
Oct. 17 Five Potential Debate Topics Selected for 2018-19
Sept. 18 Participating in the NFHS Debate Topic Selection Process
Sept 18 Five Potential Debate Topics for 2019-20
Feb. 19 Arms Sales is Selected as 2019-20 Policy Debate Topic
Sept 19 Five Suggested Debate Topics for 2020-21
Feb 20 Criminal Justice Reform Selected as 2020-21 National Policy Debate Topic

General
March 08 Value of Fine Arts in a “No Child Left Behind” World
Feb. 09 NFHS Offers Membership in National Music, Speech Associations
May 09 Arts Education Matters to America’s Future
Nov. 09 Building Successful Fine Arts Academic Programs
May 10 NFHS One of Co-sponsors for Arts Advocacy Day in Nation’s Capitol
Nov. 10 Iowa Mentorship Program Helps First-year Arts Educators
Jan. 11 Forensics Teachers Play Role in Developing Future Business Leaders
Feb. 11 Benefits of Arts Education Experiences
Jan. 12 Fine Arts Scheduling: Communication is the Key
May 13 Value of the Arts in Schools Through the Eyes of Others
Oct. 13 Is There Justification to Maintain the Arts is Schools?
Jan. 14 Making the Case for Forensics in Youngstown, Ohio
Feb. 14 School Boards Should View Performing Arts as Vital Programs
March 14 Associations Create Principles, Policies for Performing Arts Material
April 14 Minnesota Triple-A Awards for Students
Speech, Debate and Theatre Educator Awards
May 14 Meeting the Needs of Challenged Students in Performing Arts
Oct. 15 Fine Arts Should be Spared from School Districts’ Budget Cuts
Nov. 15 Activities Associations Offer Variety of State Competition
Jan. 16 Performing Arts Students Develop Skills Needed for Life and Work
Jan. 16 Activities: The Missing Variable in Many Education Reform Equations
Feb. 16 States Employ Various Methods of Sanctioning Performing Arts Events
Sept. 16  Collaboration Between Arts, Academics Benefits Students
Jan. 17  Recruiting Students for Speech, Debate, Theatre Programs
Feb. 17  Students Learn Important Life Skills Through Participation in Student Congress
April 17  Ways to Build Support for Performing Arts Programs
Nov. 17  Working with Students Made Teaching Career Worthwhile
Feb. 18  Immigration is Selected as 2018-19 Policy Debate Topic
March 18  Developing Team Concepts in the Performing Arts
March 18  NFHS Performing Arts Associations: Many Benefits Beyond Insurance
April 18  Speech Debate and Theatre Educator Awards
May 18  GRAMMY Awards for Teachers – Honoring Those Making a Difference
Sept. 18  Building Support for Activities Within Your School Board
Oct. 18  Superintendents Share Ideas on Promoting Performing Arts
Jan. 19  Summer Co-op Helps Students Prepare for Coming Year
Feb. 19  Fine Arts: Team Building in a Large Public School District
May 19  20th NFHS Performing Arts Conference Set for September
Nov. 19  Building Bridges Between Performing Arts, Athletics Departments
Nov. 19  Maintaining School Activities in a Small School Setting
May 20  Performing Arts Leaders Provide Student Opportunities Through Online Showcases

**Music**

Oct. 07  School Music Advocacy for the Non-musician
Feb. 08  Tips for Administrators in Evaluating Music Educators
Sept. 08  ‘Music and the Arts Carried Me Through Life’
Jan. 09  Annual Music Conference Gets Smart
April 09  Opportunities for Jazz Education Continue at State Level
May 09  Proper Decorum Needed at Music Concerts
May 10  Online Music Lessons Complement In-person Instruction
April 11  Performing with Understanding, Teaching with Intention – A Primer for Music Teachers and Administrators
Sept. 11  Honor’s Recital Provides Music Performance Opportunity
Nov. 11  Grant Opportunities for School Music Programs
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<td>Launchpad Wisconsin Celebrates the Reach of Music Education</td>
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<td>April 12</td>
<td>‘Young Musicians Excelling’ Helps Students in Washington</td>
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<td>Maximizing Technology in the Band Classroom</td>
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<td>Jan. 13</td>
<td>School’s Music Department Annually Selects Curricular Focus Theme</td>
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<td>Oregon Music Champions Determined Through Competition</td>
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<td>Music Directors Have Important Leadership Role in High Schools</td>
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<td>Feb. 15</td>
<td>It’s All in the Numbers for Cobre High School Concert Band</td>
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<td>Technology Helps HS Percussionist Keep the Beat</td>
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<td>Two Bands in One: Playing Another Instrument Provides New Perspective</td>
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<td>Community Support: The Key to Success for Award-Winning School</td>
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<td>Music Trips Abroad – Is the Cost Worth the Value?</td>
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<td>The Value of Solo and Ensemble Festivals within a Total Music Program</td>
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<td>NFHS Launches Online Education Courses for Music Adjudicators</td>
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<td>Marching Bands: Keeping Them Healthy and Safe</td>
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<td>Copyright Laws and Your School Music Program</td>
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<td>Signing and Singing – the Power and Emotion of Music</td>
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<td>Guitar Class Enhances Participation in School’s Music Program</td>
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<td>Balancing Life as a High School Music Educator</td>
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<td>May 17</td>
<td>Mariachi – Newest State Music Event in Texas</td>
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<td>Nov. 17</td>
<td>National Jamboree Band Amazing Experience for Students, Educators</td>
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<td>Music Educators Share Tips on Recruiting Band Students</td>
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<td>Observing Trends in Opportunities for Youth Involvement in Jazz</td>
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<td>Nov. 18</td>
<td>Vermont School Remember Parkland Victims with Stirring Performance</td>
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<td>Improving from Within Through Solo and Ensemble Participation</td>
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<td>Copyright Guidance During Current E-Learning Environment</td>
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Speech/Debate
May 09  Iowa All-state Festival Honors Outstanding Performers
Sept. 09  Creating ‘Component’ Students Through Speech, Debate and Artistic Activities
Sept. 10 It Takes LEAPS of Faith: Essentials for a Quality Speech and Debate Program
May 11  Speech and Debate Competition Contributes to Professional Success
Sept. 11  Association Provides Quality Benefits for Speech Directors/Coaches
Feb. 12  Selecting the National High School Policy Debate Resolution
Nov. 12  High School Debate Offers Several Formats for Developing Critical Skills
April 13 Montana School Claims 30th Consecutive State Speech Title
May 13  Washington Speech/Debate Team Hosts Race for Sandy Hook Victims
Jan. 14  Proud to be a Speech Coach and “The Weird Kid with the Guitar”
Oct. 14  Former Debate Coach Randy Pierce Delivers Stirring Hall of Fame Speech
Nov. 14  Crosstown Rivalry Fuels Nebraska Speech Teams
March 16 Former High School Speech/Debate Students Excel as Professionals Today
April 16  McDermott Trio Leads Prospect to Illinois Speech Title
Oct. 16  Support for Beginning Speech and Debate Coaches
April 17  Speech, Debate and Theatre Educator Awards
Sept. 17  Speech and Debate: Opportunity for All Students
Sept. 17  Saluting Speech and Debate Programs During Activities Month
Feb. 18  Angel Tournaments Provide Great Benefits for Novice Debate Students
April 19  How Students of Color Can Dream Bigger Through Debate
April 19  Speech, Debate and Theatre Educator Awards
May 19  Developing Invaluable Life Skills Through Speech and Debate
Sept 19  Alternatives to Tournament Trophies Can Reduce Costs
Oct 19  Mock Trial Activity Offers “Insider’s View” to Judicial System
March 20 Extemporaneous Speaking Contestants Develop Multiple Skills
Theatre
Oct. 11   In the Limelight: Sustaining a Successful Theatre Program
March 12  Ask ‘Why’ When Making One-act Play Choices
March 12  Most Popular School Plays in 2010-11
May 12    Theatrical Design Contest Flourishes in Texas
Sept. 13  Educational Theatre Activities Provide Learning Experiences for Students
Sept. 14  Virginia to Stage First Film Festival
Oct. 14   First Texas UIL Film Festival Receives Great Reviews
Nov. 14   High School Theatre Prepares Students for Life Ahead
Jan. 17   Students Gain Many Benefits from Involvement in Theatre
May 18    Expanding the Educational Impact of High School Theatre
Nov. 18   South Dakota Theatre Students ‘Making Magic for Life’
April 19  Theatre Rigging Systems Should be Inspected Annually
IDEAS THAT WORK

Activity Programs/Performing Arts
April 13  School Board Shows Great Support for Activity Programs
Nov. 13  Engaging Parents Helps to Support High School Activities
Jan. 15  “GIFTS” Session – Great Ideas for Teaching Speech
Nov. 17  Interest in Girls Flag Football Building In Nevada
March 18  Pennsylvania Coach Reviews School’s Track Programs
March 18  Components of an Effective Strength and Conditioning Programs
Feb. 19  ‘Book Tastings’ Help Speech Students in Choosing Literature
Oct. 19  Swing Tournaments Provide Speech Competitors Multiple Opportunities

Athletic Administration
Jan. 10  Steps for an Effective Principal/Athletic Director Relationship
Nov. 12  Ways to Balance Work and Life in Athletic Administration
Oct. 13  Two Athletic Directors – Better than One!
Jan. 17  Athletic Directors: Effective Mentoring Ideas for Your Coaches
Oct. 17  Adding an Assistant or Game Manager for Extra Help
April 18  Interview Questions for Hiring Coaches within Education-Based Athletics
May 18  Google Sheets for Scheduling – Communicating in the Digital Age
Jan. 19  Keeping Coaches Up to Date with Department Newsletters
March 19  Adding Badminton to Your High School Athletic Program
April 19  Effective Newsletters Connect School Departments, Community
May 19  Use NFHS National Coaches Week to Recognize Your Staff
May 19  Interested in Officiating? Begin the Process With a Friend
Nov. 19  Suggested Topics to Cover in Mentoring of Coaches
March 20  Ways Athletic/Activity Directors Can Show Care for Coaches/Advisors

Balancing Athletics, Fine Arts, Academics
Oct. 09  Balancing Athletics and Fine Arts Opportunities
May 10  Athletics, Arts, Academics Work Together at California School
Feb. 12  A Winning Combination: Balancing Athletics and Academics
Feb. 18  Arizona School Increases Grade Checks to Help Student-Athletes Stay Eligible

**Booster Clubs**

April 10  Common Challenges and Solutions to Guide Your Booster Club

May 12  Increasing Active Participation and Volunteerism in Your Booster Club

**Community Service**

Oct. 10  Graduation Requirement: 100 Hours of Community Service

May 13  New York Association Encourages Participation in Community Service

Sept. 14  Student-Athletes and Community Service: A Win-Win Strategy

Jan 20  Community Service Ideas for High School Teams

**Corporate Sponsorship**

Nov. 10  Sponsorship Signs Support North Carolina School

**Educator Night**

Nov. 09  Educator Night Focuses on Impact of Teachers

**Extended School Day**

March 08  Extended School Day Slows Dropout Rate

**Fund-raising**

March 11  Iowa Takes ‘Pride’ in Making Scrimmages Worthwhile

Jan. 13  Kentucky’s ‘WeWannaPlay’ Helps Lower Participation Fees

May 16  Choosing and Executing an Effective Fundraising Project

Oct. 16  Indiana School Group Successful in Raising Funds for Charity

Jan. 18  Elkhart Central High School Raises Monet by Selling Parking Spots

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May 11  Establishing a Hall of Fame in Your School

Oct. 12  Equine-assisted Therapy Helps Special-needs Students

Jan. 13  Grants – A Positive Approach to Budget Challenges
Jan. 14   Increasing Participation in Your Program
Feb. 14   Approaches and Guidelines for HS Sports Tryouts
April 14  Online Course is Option for Traditional Parent Meeting
May 14    Tips for Filling Those Difficult Coaching Positions
Apr 15    Schools Should Utilize Free Courses in NFHS Coach Education Program
May 15    Take 24: Striving for More Effective Communication
Nov. 15   Using the New NFHS Online Education Courses
Jan. 16   Minnesota Program Helps Recruit and Retain Officials
Nov. 16   Illinois Association Converts Old Films for Viewing on YouTube
May 17    Considerations for Adding New Teams to Your Program
Sept. 17  Sports Medicine Course Guidelines – Great Opportunity for Students
Sept. 17  Keeping Participation Levels Up Despite Shrinking Budgets
Jan. 18   Student Advisory Committee Plays Vital Role for Illinois Association
Jan. 18   Nebraska School Welcomes Another Member into Conference
Jan. 18   Arizona’s Pre-Contest Medical Preparedness Card Helps Save Lives
Sept. 18  Medical Time-Out Important Part of Emergency Action Plan
Oct. 18   Target Shooting Program – New Activity Option for Students
Nov. 18   Ultimate is New Sport Participation Opportunity in Vermont
Feb. 20   The Best Part of the Game is the Opportunity to Play
April 20  Steps for Parents to Help Child with College Athletic Recruiting
May 20    Staying Connected with Your Teams During the Pandemic

**Hazing**
Nov 19    Avoid Dealing with Hazing Incident by Taking Preventive Steps

**Officiating**
Oct 19    Officials Cover Important Topics in Pregame Meeting

**Preseason Meetings**
Sept. 10  Preseason Coaches Meeting Sets Tone for School Year
Jan. 11   North Carolina School’s Parent Meetings Provide Fun, Social Atmosphere
May 12    Preparing for Success with Preseason Coaches Meetings
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Sept. 11 Senior Athlete Recognition Programs are Worth Extra Effort
Sept. 16 Adding Spice to Your School Recognition Programs
Sept. 16 School Recognition Programs Build Morale of Staff, Students
Feb. 17 Hall of Fame Recognitions Provide Many Benefits to Schools
May 18 Postseason Ceremony Recognizes Individual, Team Accomplishments
Jan. 19 New Mexico School Starts Athletic Hall of Fame to Recognize Alumni

School Broadcasts
April 17 NFHS Network – Incorporating Students into School Broadcasts

Sportsmanship
Sept. 10 Developing a League-wide Sportsmanship Initiative
Feb. 16 Illinois Student Section Showdown Recognizes Good Sportsmanship
Oct. 16 Wisconsin Association Highlights Sportsmanship at Summit

Student-Athlete Code of Conduct
Oct. 09 Improving Student-athlete Codes of Conduct

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Feb. 11 Principal Develops Plan for Supervision of All School Events

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Oct. 10 Team-building Activities Key to Successful Teams
Feb. 11 ‘Senior Leaders’ Replace Team Captains for Iowa Football Team
Oct. 11 North Carolina Captain Retreat Program Teaches Leadership, Communication
Nov. 11 Kansas Students Ignite the Fire of Leadership
March 15 Michigan’s Team Captains Course Moves Online
Nov. 18 Ohio Conference Offers Student Leadership Summit

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Nov. 07 Handling Growth – Technology and the Internet
April 11 E-communication with Your Families
Sept. 12  The Benefits of Social Media for the Athletic Director
Sept. 12  New Technology Available for Completing Teacher Evaluations
Oct. 13  The Need for Social Media Policy for Your Student-Athletes
Feb. 15  Electronic “To-Do” List New Option to Traditional Method
March 15  Online Registration Software – Saving Time and Paper
Oct. 15  Personal Branding Course Helps Students Communicate in Digital World
April 16  Using Technology to Become More Efficient and Productive
Feb. 17  Podcasts Emerge as New Ways of Covering High School Sports
March 17  Using Athletic Department Twitter Accounts for Effective Communication

**Title IX**
Sept 19  Creating More Options for Title IX Compliance

**TV Broadcasts**
March 09  High Schools Broadcast State Championship Games

**Volunteers/Community Groups**
Nov. 12  Staffing Games with Community Groups
**DID YOU KNOW?**

Feb. 08 Florida Adds Cheerleading State Championship
April 08 Illinois Family Creates Wrestling Legacy (Bultman family)
May 08 State Associations Broadcast Games on Web
Oct. 08 Rowing Difficulties Worth the Trouble
Oct. 08 Popularity of Rugby on the Rise
Nov. 08 How High School Today is Developed
Nov. 08 Membership Available in Five NFHS Professional Groups
Nov. 08 NFHS Coach Education Program Exclusively for Interscholastic Coaches
Jan. 09 Some States Play 6-, 8-, 9-Player Football
Jan. 09 Underwater Hockey Teams
March 09 Multiplier Formula Adopted by Eight States
March 09 Atlanta Falcons Honor High School Football at the Georgia Dome
May 09 ‘Mercy Rules’ Adopted by Several States
Oct. 09 Facebook – Communication in the 21st Century
Oct. 09 Illinois Starts Bass Fishing Championship
Nov. 09 Playing Three Sports Earn Students Special Varsity Letter
Nov. 09 Gag Rule In Oregon
Feb. 10 High School Traditions Stand Test of Time
March 10 NJCAA Presents Option for Many Student-athletes
March 10 Cooperative Athletic Programs Continue to Grow
May 10 NCAA Initial-eligibility Process
May 10 High School Tradition – Topeka (Kansas) High School
Sept. 10 ‘Go Blue’ Pins are More Than Just Tradition (Lincoln-Way East HS in Frankfort, IL)
Oct. 10 Facebook: Communication Tool for Schools
Jan. 11 AR, KS Surveys Validate Importance of High School Athletics
Jan. 11 State Association Policies on Player and Coach Ejections
Feb. 11 Opportunities at NCAA Division III Schools
March 11 Towson Students Expand Education as Sports Reporters
Nov. 11 Girls Wrestling Makes Strides Throughout Nation
April 12 USA Coaching Coalition Hosts National Coaching Conference
May 12  Strike Zone: Baltimore County’s All-Inclusive Allied Bowling Tournament
Sept. 12  Hawaii Offers Nation’s Only Canoe Paddling Championship
Nov. 12  Alaska Association Receives Student Input on Board of Directors
Jan. 13  Core Programs Unique to NCHSAA Student Services
Jan. 13  San Jose High School Alumni Revive Tradition for Youth Sports
Feb. 13  Connecticut Offers Art as Part of Unified Sports Program
March 13  Development of Transgender Policies Occurring at High School Level
May 13  Student-athletes in Nevada Find Balance Between Athletics, Academics
Sept. 13  New Mexico Association Offers Competition in Rodeo
Oct. 13  Toolkit Assists Groups With Minority Inclusion Effort
Nov. 13  North Carolina Association Encourages Ejection-free Schools
Jan. 14  States Allow Differing Number of Basketball Contest
March 14  West Virginia Organizations Collaborate to Reduce Tobacco Use by Students
April 14  Schools Help Wounded Soldiers Through “Operation Hat Trick”
Sept. 14  Derrick Coleman Overcomes Deafness to Excel on Football Field
Oct. 14  NFHS Sanctioning Meant to Protect Student-Athletes
Nov. 14  Social Media – “Delete” May not Mean “Delete
Jan. 15  NFHS Task Force Discusses Inclusion of Students with Disabilities
Feb. 15  Survey Shows Students With School Spirit Are Top Achievers
March 15  HS Sports Injury Surveillance System Now in the 10th Year
NCS4 Pilots Program on Sports Safety, Security for High Schools
April 14  Arizona School District Approves Class Credit for Sports Participation
Oklahoma’s Win-win Week Promotes Service Learning
Apr 15  New York’s Unified Basketball Program Thrives
Sept. 15  Experts Gather to Discuss Overuse Injuries in Baseball
Oct. 15  How to Become Involved in NFHS Network School Broadcast Program
Feb. 16  AZPreps365.com – One-stop shop for Arizona High School Sports
Feb. 16  Minnesota’s Why We Plan Initiative Teaches Purpose of Educational Sports
Feb. 16  Michigan Collects Concussion Data from Member Schools
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<td>Cooperative Programs Keep Athletics Alive for Small Schools</td>
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<td>Feb. 17</td>
<td>‘Veteran’ Illinois Volleyball Officials Honored for Service to Country</td>
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<td>March 17</td>
<td>NFHS Authenticating Mark Program Now in 17th Year</td>
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<td>State Implement Pitching Restrictions in High School Baseball</td>
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<td>Texas, Kansas Add ‘Game Day’ to State Spirit Competition</td>
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<td>Minnesota Requires Photo Registration Card for Contest Officials</td>
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<td>Officials Recruitment Campaign Has Positive Response Across Country</td>
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<td>Sept. 17</td>
<td>Student Leaders Gather for National Student Leadership Summit</td>
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<td>Sept. 17</td>
<td><em>High School Today</em> Celebrates 10 Years of Serving Schools</td>
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<td>Oct. 17</td>
<td>NFHS Network Brings Fifth Year of Covering High School Sports</td>
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<td>Minnesota Starts Program to Thank Officials for Service</td>
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<td>New Video Production Technology Changing Game for Colorado School District</td>
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<td>Texas Wind Ensemble Festival Offers Unique Learning Experience</td>
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<td>Peer Support Teams on Increase for Athletic Trainers</td>
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<td>UIL State Spirit Championships Drawing Record Participants</td>
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<td>New FCC Rules Impact High School Performing Arts</td>
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<td>Online Activities Directors Approve Transfers to Virtual Schools</td>
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<td>‘Play Smart’ Screening Program Keeps Hearts Healthy</td>
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<td>School Broadcast Program Preparing Students for Real World</td>
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<td>First State Champions Crowned in First Esports Season</td>
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<td>High School Students Energized at Leadership Summit</td>
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<td>Process for Making Bass Fishing a Sport in Vermont</td>
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<td>NFHS Middle School Committee Develops Vision Statement</td>
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<td>High School Today Committee Drives Success of Publication</td>
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<tr>
<td>Feb. 20</td>
<td>Schools, Students Reap Benefits of Nevada’s Title Partnership</td>
</tr>
<tr>
<td>March 20</td>
<td>None</td>
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<tr>
<td>Date</td>
<td>Event Description</td>
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<tr>
<td>April 20</td>
<td>None</td>
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<tr>
<td>May 20</td>
<td>State Association Staffs Band Together to Serve Member Schools Amid Crisis</td>
</tr>
</tbody>
</table>
TECHNOLOGY

Sept. 11  DropBox – an Online Date-sharing Program
Oct. 11  Meeting Wizard – an Online Scheduling Program
Nov. 11  Twitter – Real-time Communication Without Disruption
Jan. 13  GoToMeeting is Affordable Online Substitute for Meetings
Feb. 13  Facebook Use for Athletic Directors
March 13  ‘Pick-A-Time’ Useful for Scheduling School Activities
April 13  Excel Useful for Tracking Inventory
May 13  Microsoft Word Has Variety of Uses
Sept. 13  iCloud Can Connect all Digital Devices
Oct. 13  Excel Perfect Choice for Budgets
Nov. 13  Tablets Let You Stay Connected When Away From the Office
Jan. 14  A Day in the Life of an Athletic Director’s Tablet
May 14  Moodle – Online Communication Tool for Students, Teachers
Sept. 14  Monitoring Your School’s Online Presence
Nov. 14  Administrators: Finding Apps, Software to Improve Production
Feb. 15  LinkedIn – For An Educator? Really?
Feb. 16  Technology Independence: What to Do Before it Fails
March 16  Apps, Handheld Devices Offer Assistance with Weather Decisions
April 16  Digital Music Stands: Music on Display
May 16  Game Video: Not Your VHS Camcorder Anymore
Oct. 16  Becoming More Effective Through Electronic Organization
Feb. 17  Many Options Available in Athletic Scheduling Software Programs
March 17  Online Database Management – Making Good on a Promise
April 17  Google Drive – the Mechanism for Finally Going Paperless
Sept. 17  Dartmouth Introduces Robots to Eliminate Live Tackling in Practice
Jan. 18  Educational Digital Recording: Hearing How to Improve
Feb. 18  Administrators: Update Current Technology Tools Before Adding More Apps
Sept. 18  None
Oct. 18  Desktop Scanning: A convenience Worth the Cost
Nov. 18  None
Jan. 19  Electronic Medical Records – a Tool for Every School
Feb. 19  Digital Ticketing is Coming to a High School Near You
<table>
<thead>
<tr>
<th>Month</th>
<th>Title</th>
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</thead>
<tbody>
<tr>
<td>March 19</td>
<td>Coach/Team Communications: Replacing the Whistle</td>
</tr>
<tr>
<td>April 19</td>
<td>Google Forms Used as Assessment Organizational Tool for Choir</td>
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<tr>
<td>May 19</td>
<td>None</td>
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<td>Feb. 20</td>
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<tr>
<td>April 20</td>
<td>None</td>
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<tr>
<td>May 20</td>
<td>Technological Pitfalls from Use of Online Programs During Pandemic</td>
</tr>
<tr>
<td>Date</td>
<td>Event Description</td>
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<tr>
<td>Sept. 07</td>
<td>Renn Bailey, New Mexico, Blind Runner</td>
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<tr>
<td>Oct. 07</td>
<td>Evan Wilson, Minnesota, Down Syndrome, Wrestling</td>
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<tr>
<td>Nov. 07</td>
<td>Ken Brown, Independence, Kansas, tennis coach</td>
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<tr>
<td>Jan. 08</td>
<td>Granby, Virginia, field hockey team promotes breast cancer awareness</td>
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<tr>
<td>Jan. 08</td>
<td>Smith Center, Kansas, keeps sportsmanship in mind</td>
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<tr>
<td>Feb. 08</td>
<td>Jerome Singleton, Jr., South Carolina, paralympic athlete</td>
</tr>
<tr>
<td>March 08</td>
<td>Collin Brusnahan, Shorewood, Wisconsin, autism, cross country</td>
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<tr>
<td>April 08</td>
<td>Fridley, Minnesota, basketball player saves official with CPR</td>
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<tr>
<td>May 08</td>
<td>Cullen Fitzgibbons, Los Alamitos, California, Down syndrome, wrestling</td>
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<tr>
<td>Sept. 08</td>
<td>Megan Bomgaars/Tammy Dufford, Spirit of Sport Award, Colorado</td>
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<tr>
<td>Oct. 08</td>
<td>Coaching Beyond the Field, Curt Bladt, Iowa</td>
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<tr>
<td>Nov. 08</td>
<td>Diane Dennis, field hockey coach, Portsmouth (Virginia) Churchland High School</td>
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<tr>
<td>Jan. 09</td>
<td>Alec Gramann, marching band, Austin LBJ High School, Texas, Ewing’s sarcoma</td>
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<tr>
<td>March 09</td>
<td>Haley Chaney, Norwell High School, Indiana, car wreck</td>
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<tr>
<td>April 09</td>
<td>Jason McElwain: Life After His Big Game</td>
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<tr>
<td>May 09</td>
<td>Dakota Dana, Wyoming, Spirit of Sport Award</td>
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<tr>
<td>Sept. 09</td>
<td>Westwood High School, Iowa, wrestling team, car wreck</td>
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<tr>
<td>Oct. 09</td>
<td>Cliff McCormick, wrestler, Towson (Maryland) High School, cerebral palsy</td>
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<tr>
<td>Nov. 09</td>
<td>St. Mary’s Colgan High School, Pittsburg, Kansas, girls track</td>
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<tr>
<td>Jan. 10</td>
<td>Tyler Brown, McComb (Ohio) High School, football team manager, blind</td>
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<tr>
<td>Feb. 10</td>
<td>Fort Knox (Kentucky) High School soccer team values country first, soccer second</td>
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<tr>
<td>March 10</td>
<td>Southwestern Heights High School, Kismet, Kansas, girls basketball</td>
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<tr>
<td>April 10</td>
<td>Mike Copeland, football coach, Stephenville, Texas, one arm</td>
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<tr>
<td>May 10</td>
<td>Tori Clark, Illinois, Spirit of Sport Award</td>
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<tr>
<td>Sept. 10</td>
<td>Sportsmanship, ConVal High School, Peterborough, New Hampshire</td>
</tr>
<tr>
<td>Oct. 10</td>
<td>Anderson, Indiana, Bands Unite to Win State Band Title</td>
</tr>
</tbody>
</table>
Nov. 10  Serena, Illinois, High School Softball Team Helps Player on Rival Team
Nov. 10  Allie Sakowicz, Park Ridge, Illinois, tennis, helps pregnant teens
Jan. 11  Alabama Schools Help Central-Hayneville After Fire
Feb. 11  Regents School, Austin, Texas, helps prison team
March 11 Loch Raven High School, Baltimore, Maryland, girls lacrosse, helps those with cancer
April 11  Kori Hall, Rolla (Kansas) High School, Scholars Bowl
May 11  New Kensington, Pennsylvania, Valley High School, Spirit of Sport Award
May 11  Louisiana Soccer Teams Show Caring Spirit
Sept. 11 Jacob Raleigh, Whitesburg, Kentucky, one-arm tennis player
Oct. 11  Officials for Kids Program, Michigan
Nov. 11  East Surry High School softball team, North Carolina, raised money for cancer research
Jan. 12  Josh Ripley, Andover, Minnesota, High School, cross country, sportsmanship act
Feb. 12  Iowa Wheelchair Athletes Make History
March 12 Sami Stoner, blind runner, Lexington, Ohio, High School
March 12 Maryland football coach, Mike Whittles, fights pancreatic cancer
April 12  Mandan, North Dakota, High School ice hockey team gives back to community
April 12  Taylor Howell, Vasquez High School, Acton, California, blind football player
May 12  Jacob Goldberg, Florida, Spirit of Sport Award
Oct. 12  Firestone Overcomes Adversity; Continues to Help Others
Nov. 12  Volunteers Step Forward to Help Fargo, North Dakota School
Jan. 13  Blind Runner Avoids Obstacles, Surmounts Challenges
Feb. 13  Autistic Place-kicker Beats Odds, Kicks Game-winning Field Goal
March 13 Wisconsin Family Devoted to Local School and Athletics
April 13  Medical Condition Takes Swimmer’s Sight, Not His Drive or Desire
April 13  Wrestler Didn’t Win Championship, But Became a Hero
May 13  Two Kentucky High Schools Selected as Spirit of Sport Award Recipients
May 13  Paralyzed Student-athlete Looks to Regain Competitive Edge
Sept. 13  Leaping with Blind Faith
Oct. 13  Rhode Island Runner Chooses Team Over Individual Pursuits
Nov. 13  Alabama School Overcomes Obstacles to Win State Soccer Championship
Nov. 13  Cathy Parker Field Transformed Community in the Land of the Midnight Sun
Jan. 14  Rhode Island Swimmer Honors Mother with “Make a Splash for Mary”
Feb. 14  Illinois School Plays Football Game Days After Devastation
Meade Football Players, Give Back at “Our Daily Bread” in Baltimore
April 14  Rhode Island Wrestler Pins Injury for Fourth State Title
May 14  New Hampshire Making Impact with Unified Sports Program
Sept. 14  Massachusetts School Returns Trophy After Realizing Mistake
Oct. 14  Iowa Golfer’s Character Shines Despite the Cost
Nov. 14  Illinois Official Makes Special Call for Ailing Family
Jan. 15  Washington Football Team Cleans Bleachers After Games
Feb. 15  Rival School Offers Support in Aftermath of Tragedy
March 15  Massachusetts Basketball Player Delivers Assist of a Lifetime
Apr 15  Student Saves Girl’s Life at Illinois State Chess Tournament
May 15  Connecticut Three-sport Athlete is 2015 Spirit of Sport Recipient
Chicago Music Student Selected 2015 Hear of the Arts Recipient
Sept. 15  California’s Grayson Lyman Letters in Six Varsity Sports
Oct. 15  From Disaster Comes Lifelong Connection Between Vermont Schools
Nov. 15  Alabama Football Teams Unite a Year After Tragedy
Jan. 16  Minnesota Man is More than Just a Coach
Feb. 16  Delaware Expands Unified Sports Competition with Flag Football Event
March 16  “Herculean” Fundraising Effort Keeps Douglas Programs Thriving
April 16  Wimberley Responds to Larger Task Than Football Game
May 16  Alabama Marching Band, Band Director Selected 2016 Heart of the Arts Award Recipients
May 16  Nebraska Volleyball Player Selected 2016 Spirit of Sport Award Recipient
Sept. 16  Fisher, Saban Offer Assistance in Flood-ravaged West Virginia
Oct. 16  Small Illinois School Enacts Unified Bass Fishing Program
Nov. 16  Michigan Teen Spread Awareness of Cerebral Palsy with Swagger
Jan. 17  Maryland Soccer Team Turns Game into Benefit for Venerated Coach
Feb. 17  Arizona Volleyball Team Aces Service On and Off Court
March 17 Football Coaches Find Fulfillment Leading Allied Bowling Programs
March 17 Prompt Response Saves Michigan Official at Football Final
April 17 Organization Pitches in to Equip Baseball, Softball Teams
May 17  High School Trumpet Player Succeeds Despite Vision Loss
May 17  Minnesota Performing Arts Student is 2017 National High School Heart of the Arts Award Recipient
May 17  Minnesota Four-sport Athlete is 2017 National High School Spirit of Sport Award Recipient
Sept. 17 Illinois Sports Reams Help Communities with Flood Relief Efforts
Oct. 17  Football Coach Achieves the Extraordinary by Doing the Ordinary
Oct. 17  Vermont Student Leads Effort for CPR Training in Schools
Nov. 17  After AED Saves Son’s Life, Family Raises Money for More Units
Nov. 17  Pastor, Teacher, Coach, School Administrator Dedicates Life to Service
Jan. 18  Thanks to the Miracle in Monticello, A Life is Saved
Jan 18.  Legally Bling Alabama Football Player Chasing a Dream
Feb. 18  Love for the Game Spurs Indiana Official’s Return from Accident
March 18 Ohio Football Player Understands the Power of Impact
April 18 Illinois Wrestler Inspires Others in Comeback from Injury
May 18 Connecticut Student-athlete is Spirit of Sport Award Recipient
May 18 Rhode Island Student to Receive Heart of the Arts Award
May 18 Montana School Travels Through Yellowstone by Snowcoach
Sept. 18 Arizona Tennis Coach Balances Success, Participation
Oct. 18 New Mexico Athletes Employ Random Acts of Kindness
Nov. 18 Indiana Coach Making a Multi-Sport Impact
Jan. 19  Colorado Volleyball Coach Returns to Sidelines with New Perspective
Feb. 19  None
March 19 Illinois Basketball Player Not to Be Underestimated
April 19 Minnesota Community Rallies to Support Former Student, Family
April 19 Values of Sports Help Oklahoma Couple Handle Health Issues
<table>
<thead>
<tr>
<th>Date</th>
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<tbody>
<tr>
<td>May 19</td>
<td>New Mexico Athlete Battles Cancer While Continuing to Compete</td>
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<tr>
<td>May 19</td>
<td>South Caroline Teacher, Students to Receive Heaty of the Arts Award</td>
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<tr>
<td>May 19</td>
<td>Maryland Student-athlete is Spirit of Sport Award Recipient</td>
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<tr>
<td>Sept 19</td>
<td>Officials Find Success Despite Hearing Impairments</td>
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<tr>
<td>Oct 19</td>
<td>New Mexico School’s Inclusive Band Goes Viral</td>
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<tr>
<td>Nov 19</td>
<td>Illinois Physician Dedications Over 50 Years to High School</td>
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<tr>
<td>Jan 20</td>
<td>Ohio Football Player’s Heroism Saves Neighbor’s Life</td>
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<tr>
<td>Feb. 20</td>
<td>Indiana Seniors Leaving Legacy of Giving</td>
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<tr>
<td>March 20</td>
<td>Indiana Senior Finds Confidence Through Unified Sports</td>
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<tr>
<td>April 20</td>
<td>California Coaches Creating Opportunities for Para-Athletes</td>
</tr>
<tr>
<td>May 20</td>
<td>We Can Do This Together!</td>
</tr>
</tbody>
</table>
EDUCATION

Sept. 07 The Fundamentals of Coaching
Jan. 08 NFHS Coach Education Committee Discusses Five-year Strategic Plan
Sept. 08 NFHS Coach Education Program Begins to Take Form
Nov. 08 NFHS Coach Education Program Exclusively for Interscholastic Coaches
Nov. 09 Three New Coach Education Courses Now Available
Feb. 10 Coaches Get a Quick Start on Certification
Sept. 10 Coach Education Program Additions
Oct. 11 Concussion Course Leading Way for NFHS Coach Education Program
Sept. 12 NFHS Coach Education Reaches New Heights Through Free Courses
Nov. 12 New Jersey First State to Require Coach Certification
Nov. 12 North Dakota, North Carolina Enact Coaching Requirements
Nov. 12 NFHS Offers Free Online Course – “Coaching Special Olympics Unified Sports”
Nov. 12 Dan Schuster Named Assistant Director of NFHS Coach Education Program
Feb. 13 NFHS Offers New Educational Opportunities for Coaches

Sept. 13 Why Require Coaches to be Certified?
The Importance and Benefits of Coaching Education
NFHS Concussion Course Hits One Million Mark
May 14 New NFHS Learning Center to Debut This Summer
Dan Schuster Named NFHS Director of Coach Education
Jan. 15 NFHS Begins Second Level of Certification for Coaches
Sept. 15 NFHS Learning Center Continues Expansion with New Courses
March 17 NFHS Learning Center – Five Million Online Courses in 10 Years
Sept. 17 Three New Sport-Specific Officials Courses Available on NFHS Learning Center
Sept. 18 Revised Concussion Course Available on Learning Center
Oct. 18 ‘Protecting Students from Abuse’ Online Course Now Available
Feb. 19 New Education Courses Address ACL Injuries, Mental Health
March 19  None  
April 19  None  
May 19   None  
Sept 19  With New Offerings, Learning Center Passes 70 Courses