



State  
Association  
Timeline and  
Promotion Ideas



National Federation of State High School Associations

# 2021

# NFHS National Student Leadership Summit

July 19 – 21, 2021

Indianapolis Hilton Hotel and Suites | Indianapolis, Indiana



National Federation  
of State High School  
Associations

## 2021 NFHS National Student Leadership Summit



### January 2021

Student and adult ambassador applications will be emailed to the participating state associations.

### April 2021

Adult ambassadors should contact the Indianapolis Hilton Hotel and Suites to book their rooms for the NFHS National Student Leadership Summit. The reservation link for adult rooms at the Indianapolis Hilton Hotel and Suites is: <http://www.hilton.com/en/hi/groups/personalized/I/INDD-NHF-NFS21B-20210717/index.jhtml>. They should have their rooms reserved by Friday, April 30, 2021. The NFHS will register and assign rooms for the student ambassadors.

### May 7, 2021

All student and adult ambassador applications, codes of conduct, photos, videos, likeness releases and health forms are due to the NFHS from each participating state association. It is recommended that each state association keep an alternate or waiting student ambassador list on file.

### June 2021

All student and adult ambassadors will receive a pre-Summit information packet with final instructions (what to bring, what not to bring, what to wear, what to expect) and on-site contact information for their parents and guardians.

### July 19-21, 2021

The NFHS National Student Leadership Summit is convened!

The **Indianapolis Hilton Hotel and Suites** meets the requirements of the Center for Disease Control (CDC) and is compliant with the guidelines of the Marion County (Indianapolis) Indiana Department of Public Health.



The National Federation of State High School Associations (NFHS) will be hosting the National Student Leadership Summit (NSLS) July 19-21, 2021. The NSLS is based on a model of discussing and strategizing relevant and contemporary issues affecting today's students in education-based athletics and performing arts. Some of the critical goals of the NSLS for the students are to further develop their understanding of positive leadership and to be aware of the privilege and power of their influence in their school, community and state.

By utilizing a "train the trainer" concept, the student and adult ambassadors will be developing skills to effectively lead their peers at school and in their state association. By targeting specific topics, each student ambassador will learn how to create a healthy culture on his or her team. They will learn some applicable conflict resolution techniques along with skills to be an effective cross-age mentor.

The students will also understand how to be better communicators with their peers and adults. They will be taught some key presentation skill tips when presenting to small and large groups. Another topic that has gained in importance and popularity is "brain mapping." Our experts will systematically teach and model intentional and functional goal-setting techniques for today's high school student leaders. The student ambassadors will identify and develop their action plan to achieve the goals that they specify that are important to them. They will take the information that they learn and replicate the process back home with their teammates and fellow students.

Lastly, our young leaders will learn the value of perspective and inclusion. In our ever-changing landscape, inclusion no longer reflects just ethnicity, gender, religion or cultural differences. With the expansion of adaptive and unified sports, interscholastic athlete participation figures have grown exponentially with athletes who have physical and emotional challenges.

These are relevant topics in today's world and our revised leadership model consists of bringing renowned experts to discuss these issues in a lecture/interactive format in small group breakout classes. Summit materials, airport shuttle and local ground transportation while at the NSLS will be provided by the NFHS.

The cost of the summit for the student ambassadors is **free**. They have to provide their transportation to and from the Summit. The hotel room, materials, meals and local ground transportation will be provided by the NFHS. The adult ambassadors will also have to provide their own transportation to Indianapolis and will have to pay for their hotel room (\$105.30 includes taxes and fees per night single or double). The reservation link for adult rooms at the Indianapolis Hilton Hotel and Suites is: <http://www.hilton.com/en/hi/groups/personalized/1/INDDNHF-NFS21B-20210717/index.jhtml>. They should have their rooms reserved by Friday, April 30, 2021.

The NFHS will take care of the students' room reservations and assign their roommates of the same gender.



## Summit Expectations

### Student Ambassadors:

- Attend all student ambassador sessions for the National Student Leadership Summit (NSLS)
- Participate in all National Student Leadership Summit (NSLS) activities
- Take Summit information, skills and techniques back to teammates, classmates, friends, family, community and the local high school athletic/activities associations
- Follow all NSLS ground rules (including leaving all facilities in as good or better condition than when they arrived)
- Be able to contribute to an operational state action plan

### Adult Ambassadors:

- Ensure that the selected high school student ambassadors meet the criteria and expectation for selection
- Able to travel to and from the 2021 NSLS with the designated high school students
- Participate in the adult sessions and all other activities at the NSLS, July 19-21, 2021
- Ensure that the selected high school student ambassadors are prepared to participate in their sessions and able to execute what they learned back at their schools
- Serve as a liaison with the Summit "expert" staff, hosts and hostesses, and NFHS staff
- Follow all NSLS ground rules (including leaving all facilities in as good or better condition than when they arrived)
- Facilitate and support actionable effort of the student ambassadors to accomplish the state's action plan and further develop the student leadership initiative
- Be able to develop, manage an operational state action plan



*Each group or subgroup should represent the spectrum of race, cultural backgrounds and socio-economic levels of those with whom they will work. Also, there should be a balance of males and females.*

## Suggested Criteria For Selection

### Overall Selection Criteria for All Ambassadors:

- Be respectful of, able and willing to work with students of diverse backgrounds (such as race, cultural, socio-economic levels, academic achievement levels, physical, emotional and mental disabilities)
- Willing to make a commitment to the NFHS qualities and behaviors expressed in the way the NSLS is conducted. Those beliefs are respect for self and others, positive values, personal accountability, perspective, sportsmanship, teamwork, healthy lifestyles, servant leadership and self-evaluation
- Carry oneself as a positive role model for fellow student and adult ambassadors
- Willing to commit the time and effort to accomplish the Summit tasks, including the above-mentioned expectations
- Possess a sincere interest and desire to help others
- **Be willing and capable to develop a working action plan that will be implemented by the state association, followed-up and supported by the NFHS**

### Student Ambassadors:

- State associations make all final decisions using their best judgment as to who represents their state at the NSLS
- Preferably entering grades 10 or 11 in the fall of 2021
- Participation in athletics and/or performing arts
- Should have some previous leadership training and/or exposure
- Shows exemplary behavior
- Willing to take summit skills and strategies back to school and work with their classmates
- Should currently participate in an existing Student Advisory Committee or home state has expressed interest in developing a Student Advisory Committee
- Highly motivated, outgoing and enthusiastic
- Able to relate to students from a variety of social groups and diverse backgrounds
- Capable of being an effective presenter to adults and peers
- Possesses the ability to interact well one-on-one with small groups of students
- State associations may allow their member schools to submit names of deserving students, perhaps rewarding those students who have shown good sportsmanship, citizenship or leadership in their school and/or community

- If applicable, identify those students who have received the state association's sportsmanship award; it promotes the state association's award and the NFHS' Summit
- State associations might organize a selection committee comprised of state association staff, athletic directors, student advisory committee members, board members, advisors, counselors, etc.

### Adult Ambassadors:

- Good supervisory skills
- Works well with young adults and adolescents
- Willing to submit to a background check
- Willing to take back Summit information and start a Student Advisory Committee
- Willing to take back Summit information and start a Student Leadership Conference
- Possesses the ability to interact well one-on-one with small groups of students
- Able to relate to students from a variety of social groups and diverse backgrounds
- Highly motivated and enthusiastic
- Experience with high school student leaders and high school athletics and performing arts
- Possesses the ability to creatively think "outside the box"
- Supportive in the belief of student leadership training and engagement



## Promotion Ideas

### Suggested Communication Outlets to Promote the NSLS:

- State association website
- State association social media
- State association newsletter and/or blog
- Broadcast fax to state association member schools
- Local newspaper
- Local media
- Trade publications
- State association sports interpretation meetings
- State association championship athletic venues and publications
- Performing arts championship venues, programs and signage
- State association winter membership meetings or workshops
- State association student advisory committee meetings (share with committee members)





## Preliminary NSLS Schedule

### Sunday, July 18, 2021

1:00 p.m. – 5:00 p.m. .... Early Registration for pre-approved states (Student and Adult Ambassador rooms only no summit registration materials will be disseminated) 2nd Floor, Indianapolis Hilton Hotel and Suites in the foyer of the Indianapolis Ballroom

### Monday, July 19, 2021

1:00 p.m. – 4:30 p.m. .... Registration and Room assignment (Student and Adult Ambassadors) (Food and refreshments will be provided.)  
 4:30 p.m. – 5:30 p.m. .... Opening Ceremony, Summit Objectives, Expectations and Directions  
 5:30 p.m. – 6:00 p.m. .... Opening General Session Speaker  
 6:05 p.m. – 7:05 p.m. .... Dinner  
 7:15 p.m. – 8:30 p.m. .... Student Ambassador Session 1  
 7:15 p.m. – 8:30 p.m. .... Adult Ambassador Session 1 (Summit Q & A, Objectives and Expectations)  
 8:35 p.m. – 9:05 p.m. .... State Meeting #1 (Leadership Lounge is open until 11:30 p.m.)



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### Tuesday, July 20, 2021

7:00 a.m. – 8:00 a.m. .... Breakfast  
 8:15 a.m. – 9:30 a.m. .... Student Ambassador Session 2  
 8:15 a.m. – 9:30 a.m. .... Adult Ambassador Session 2 [Select a break-out session to observe]  
 9:40 a.m. – 10:55 a.m. .... Student Ambassador Session 3  
 9:40 a.m. – 10:55 a.m. .... Adult Ambassador Session 3 [Select a break-out session to observe]  
 11:05 a.m. – 12:20 p.m. .... Student Ambassador Session 4  
 11:05 a.m. – 12:20 p.m. .... Adult Ambassador Session 4 (Recap and Special Guest Speaker)  
 12:30 p.m. – 1:30 p.m. .... Lunch & Announcements  
 1:40 p.m. – 2:10 p.m. .... State Meeting #2  
 2:35 p.m. – 2:55 p.m. .... Load buses  
 2:55 p.m. – 3:30 p.m. .... Travel for Special Olympics Unified Sports Engagement w/ Indiana Special Olympians  
 5:00 p.m. – 6:15 p.m. .... Pizza Dinner at location  
 6:15 p.m. – 6:30 p.m. .... Load Buses  
 6:30 p.m. – 7:00 p.m. .... Return to Hotel  
 7:15 p.m. – 8:15 p.m. .... College Host/Hostess Panel Discussion with Student Ambassadors  
 8:15 p.m. – 11:30 p.m. .... Dance (Food, refreshments and sundae bar) (Leadership Lounge is open until 12:00 a.m.)

### Wednesday, July 21, 2021

6:30 a.m. – 8:00 a.m. .... Breakfast  
 8:10 a.m. – 9:00 a.m. .... State Meeting #3  
 9:15 a.m. – 9:45 a.m. .... Closing General Session (Leadership Lounge open 6:30 a.m. – 12:00 p.m.)

## More Scenes From Previous Student Leadership Events



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