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University Interscholastic League  
NFHS Annual Summer Meeting  
Nashville, TN  
Summer Participation  
July 11, 2012

# The Good Old Days

- Could students participate in activities outside the school season?
- Could coaches coach students on non-school teams?
- Could schools sponsor non-school teams?
- Could students attend summer camp?
- Could students use school equipment?



# The Good Old Days

- NO!
- NO!
- NO!
- NO!
- And NO!



ALL OR NONE

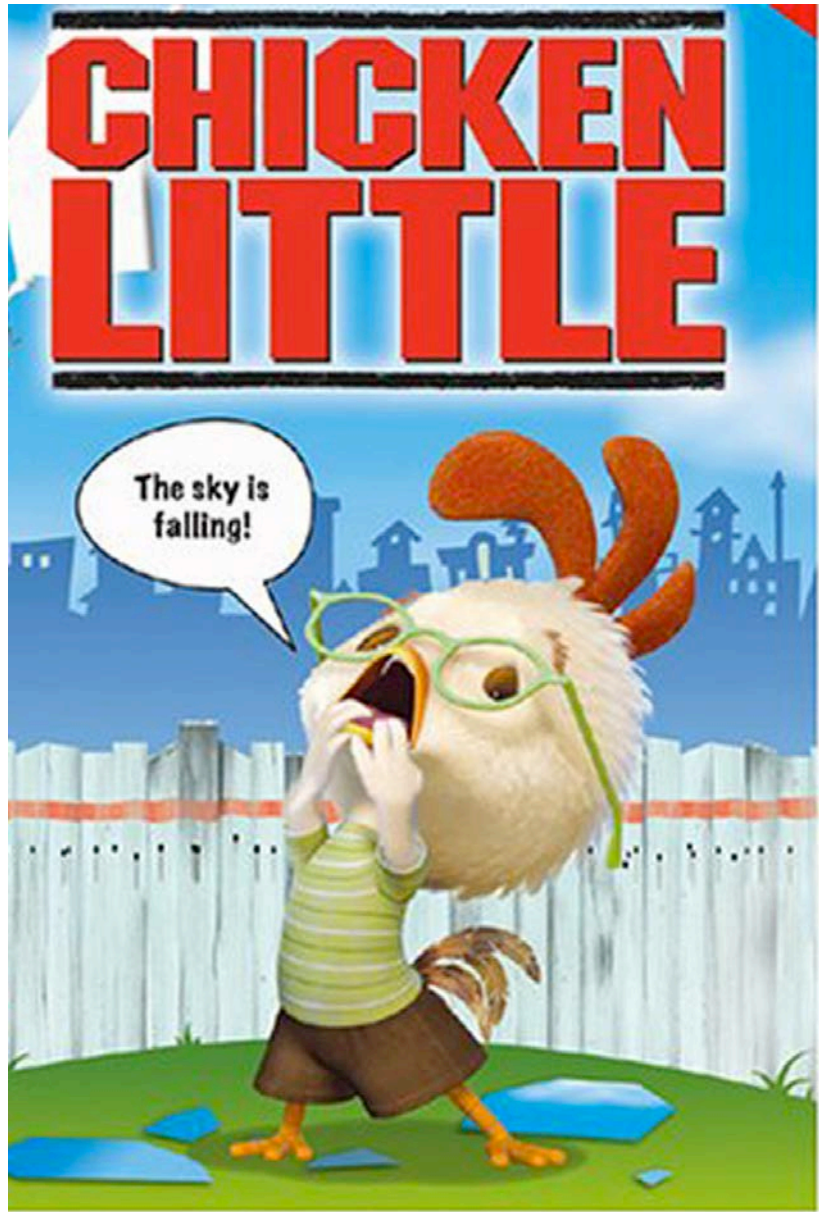


# Litigation

## Kite v. Marshall

### 1979





Summer Camps  
& Leagues  
Permitted  
1986-87



# Coaches & Schools Restricted





# Senate Bill 1 1995

“Let My People Go”



# UIL C&CR Section 1209

- (f) OFF-SEASON PARTICIPATION IN NON-SCHOOL TEAM SPORTS.
  - (1) School coaches shall not coach 7-12 grade students from their own attendance zone on a non-school team or in a non-school camp or clinic, with the exception of their own adopted or birth children.
  - (2) School equipment shall not be used for non-school teams/leagues.
- (g) COACHING RESTRICTIONS. For non-school competition school coaches shall not schedule matched games for students in grades 7-12 from their attendance zone. School coaches may assist in organizing, selecting players and coaches, and may supervise school facilities for non-school league play. School coaches shall not coach or instruct 7-12 grade students from their school district attendance zone in the team sports of baseball, basketball, football, soccer, softball or volleyball. School coaches shall not supervise facilities for non-school activities on school time. See Section 1201.

# Summer Strength & Conditioning Program



# UIL C&CR Section 1206

- (g) SCHOOL SUMMER PRACTICE PROHIBITED. Any specific grouping of high school baseball, softball, basketball, football, soccer or volleyball participants during the summer months for the purpose of conditioning and/or organized athletic team instruction is prohibited except as specifically provided for within the plans for these activities and in (h) below.
- (h) SUMMER STRENGTH/CONDITIONING PROGRAMS. Summer strength and conditioning programs may be conducted by school coaches for students in grades 7-12 from that coach's attendance zone only under the following conditions.
  - (1) Sessions may be conducted by school coaches only on Monday through Thursday for six weeks during summer vacation until the second Monday in August and shall be no more than two consecutive hours per day.
  - (2) A student shall attend no more than one two-hour session (conducted by a school coach) per day. Schools shall take administrative care to prohibit an athlete from working with one school coach for two hours and a separate school coach for another two hours.
  - (3) Sessions conducted by school coaches shall include only students who are incoming seventh graders or above.
  - (4) Sessions shall include only strength and conditioning instruction and exercises. Sport specific skill instruction is prohibited. Sports specific equipment (balls, dummies, spacer dummies, sleds, contact equipment) is prohibited. Specific groupings of athletes by sport or position is prohibited.
  - (5) School shirts, shorts and shoes may be provided by the school (at local school option).
  - (6) Attendance shall be voluntary. Coaches shall not require athletes to attend in order to try out for or participate in any UIL sport. Attendance records shall be kept, however students shall not be required or allowed to make up missed days. Students may work out on their own, without direction of the school coach.
  - (7) Fees, if any, shall be established and approved by the superintendent and collected by the school. The Texas Education Code requires school districts to adopt procedures for waiving fees charged for participation if a student is unable to pay the fee, and the procedures should be made known to the public. Fees for all other students shall be paid by the students and/or their parents.
  - (8) Any payment for conducting strength and conditioning sessions to school coaches who instruct students from their attendance zone shall be from the school and no other source. (i)



# Developing Trends

7 on 7

# Summer Participation Issues



**FRANCINE MARTIN  
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KANSAS STATE HIGH SCHOOL ACTIVITIES  
ASSOCIATION**

# Definitions

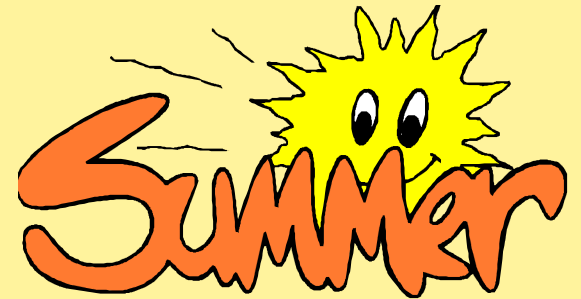


- **School year – from the Tuesday after Labor Day until the Saturday before Memorial Day.**
- **Summer – from the Saturday before Memorial Day until the Tuesday after Labor Day.**

# Kansas Rules before 1995



- During the school year no coach can work with his/her athletes outside the season during the school year. (still true today)
- This rule also applied to the sports of basketball, football, wrestling and volleyball during the summer.
- Students were also restricted to a limited number playing on the same outside team during the school year. (2 in VB, BB, FB) until 1994.





# Kansas 1995-96



- **Prior to 1995-96**
- **Coaches in basketball, football, volleyball and wrestling could not have ANY contact with their potential players during the summer.**
- **Coaches could not work a camp in which the camp (cOllege, etc) membership made up more than 10% of the enrollment.**
  - Applied to volleyball, football, basketball and wrestling

# April 1996 – Rule Change



- A coach may organize and administer a one-week (per sport) camp for his/her players only.
- No school-organized spring or summer practice or school-organized summer camps shall be permitted (see one week exception).
- Coach can be present as an observer, participant or staff member at summer camps as long as attendance of athletes he/she would be coaching the next year does not make up 10% of the total camp enrollment.

# April 1996 – Rule Change



- One week “coaches camp” had to be completed by SCW #5
- School was not involved in the running of the camp other than approving the use of facilities.
- School uniforms or player equipment may not be used at the camp. Facilities must be leased per board policy.
- Students can't be required to attend.
- No competition with teams or another camp.

# April, 1996 Rule Change

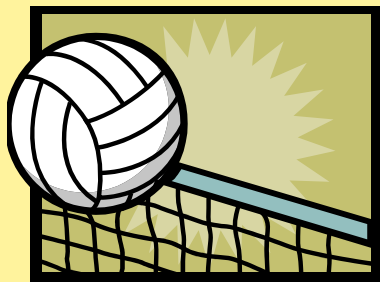


- All team sports were restricted to one more than half playing or practicing together on an outside team during the school year outside the season of sport. (3-BB, 4-VB, 5-BSB, etc)
- The summer was opened up for students and an unlimited number from the same school squad could play together. However school coaches in any sports could not coach them.
- For one year – all coaches were restricted – got lots of push back from baseball – American Legion

# 1997-98



- The next April, 1997 the board changed the rule to restrict only certain sports.
- Changed the restriction in the summer so that only VB, FB, BB coaches couldn't work with their athletes except during the coaches one week camp.



# 1998-99



- During the summer FB, BB, VB coaches can supervise the use of indoor/outdoor facilities by athletes in their sport. Sport specific instruction and coaching may not take place in conjunction with supervision. (Open gym)
- VB, FB, BB coaches can work with individual students or a single group (no more than 3) provided instruction is on a voluntary basis, and requested by the student. Can not be during an open gym time.
- Conduct a one week team camp for members of the squad.

# 1998-99



- SCW #5 through #7 – only voluntary weight training and conditioning is permitted.
- These are basically the two weeks before fall practices start in Kansas.
- These restrictions only apply to VB, BB, FB
- Other coaches could continue to coach their kids and essentially have practices.



# 2006-07



- School coaches in all KSHSAA sponsored sports may hold only voluntary weight training and conditioning beginning Sunday SCW # 5 and through and including Sunday SCW #7. No school team practices shall be permitted until Monday SCW #7.
- All sport coaches may conduct a one-week team camp for members of the schools squad must be done by Sunday SCW #5.
- No contact football camps permitted.



# 2008-09



- **Beginning the Saturday before Memorial Day and concluding Saturday SCW #4 FB, BB, VB coaches may:**
- **Work with individual students or a single group – 3 in BB, 4 in VB, 6 in 11 man FB, 5 in 8 Man FB on a voluntary basis and they ask for help.**

# 2009-2010 – Major Change



- Beginning with Saturday before Memorial Day and concluding Saturday of SCW #2 FB, VB, BB coaches are permitted to coach athletes from their school squad.
- Supervise use of indoor/outdoor facilities by athletes in their sport.
- Beginning Sunday SCW #3 and ending Sunday of SCW #5 – football, volleyball, basketball coaches may work with individuals students in a single group (3-BB, 4-VB, 5-8 man FB, 6-11 man FB) on a voluntary basis.

# 2009-2010



- All sport coaches may conduct a one-week team camp for members of the school squad. All camps must be done before Sunday of SCW #3.
- Granted approval for use of school owned FB helmets at the school coach's non contact, one week, team camp. School administration must approve use for liability reasons.

# Kansas Summer Rules Now



- **All sports can have a coaches one week team camp.**
  - Must be in the same calendar week.
  - Can only be members of their school.
  - Must be completed on Saturday of SCW #2
  - Cannot use school uniforms.
  - FB helmets can be used if it is approved by school administration.



# Kansas Current Summer Rule



- School coaches may attend camps or clinics
- Students may attend camps or clinics
- Coaches can transport students to non-school competitions and/or camp/clinics in their sport. School vehicles cannot be used and coaches can't be reimbursed for using personal vehicles.

# Kansas Current Summer Rule



- Coaches can coach teams including students who would play for the coach the following year from the Saturday immediately preceding Memorial Day through Saturday SCW #2. (mid July)
- This is what we refer to as the full contact period in the summer – about 6 weeks long.
- Probably more FB, BB, VB coaches taking advantage of this. Coaching tournaments, summer leagues, 7 on 7 passing leagues, etc.

# Kansas Current Summer Rules



- **Beginning Sunday SCW #3 and ending Saturday of SCW #4 football, volleyball, and basketball coaches may instruct students in groups. May supervise an open gym.**
  - 3 in BB
  - 4 in VB
  - 5 in 8 man FB
  - 6 in 11 man FB
- **What we refer to as the limited contact period.**

# Kansas Current Summer Rule



- **Beginning Sunday SCW # 5 and concluding Sunday SCW #7 (first two weeks of August) only voluntary weights and conditioning programs are permitted. Football, Volleyball and basketball coaches may not have contact with their athletes for specific sport instruction.**
- **We refer to this as the no contact period.**



# Kansas Current Summer Rule



- Coaches other than BB, FB, VB may continue coaching summer teams during SCW # 3, 4, 5, 6. They may not conduct a camp or clinic for their potential player during these weeks.
- Coaches may not require students to attend camps/clinics/individual work sessions, or weights and conditioning during the summer.

# Kansas Current Summer Rules



- Coaches in all sports may conduct a one-week sports camp for team members who would be on their team next year. These camps must conclude on Saturday of SCW #2
- During the summer period, students may play on teams which include any number of students from their same school squad. There are no limitations on students from Saturday before Memorial Day until the Tuesday after Labor Day.
- Students are limited to attending only one coach's camp per sport.

# Issues



- Coaches who feel they have to coach all summer to keep up with others who do.
- Coaches asking for more money since they are coaching all summer.
- Student/athletes specializing because they can't keep all coaches happy.
- Parents complaining that although the camps are supposed to be voluntary their kids feel they have to be there if they want to be on the team.

# Issues



- More fundraising being done by kids to be able to afford to go to these camps.
- Increased number of teams going to college team camps.
- Increased costs for schools because gyms are occupied all the time.
- Multi-sport athletes having trouble making all coaches happy.
- Transportation/Liability challenges – no school transportation can be used.

# Issues



- When the rule changed to allow a school coaches one week team camp for it was intended to give kids a more affordable camp conducted by the coaches they would be playing for.
- Now kids are trying to find funds to afford to be able to go to “team camps” with their coaches during the 6 week full contact period.
- And coaches are also having a “one week coaches team camp” that kids are expected to go to.

# Issues



- Has affected attendance at KSHSAA sponsored Leadership camps (Student Council, KAY)
- No time for kids to be kids in summer.
- Coaches having to secure insurance policies for their “one week coaches camp.”
- Pressure on coaches by parents “I spent all this money on my kid going to the camps you recommended and they are not playing.”

# Issues



- Seeing increasing number of non-teacher coaches. Some believe this is due to teachers not wanting to spend all summer coaching.
- Influence of AAU, USVBA, other groups has caused issues.
- Questions?